



*Healthy People. Healthy Communities.*

Department of Public Health & Human Services

Meadowlark Initiative and  
PRISM for Moms (Psychiatric  
Referrals, Interventions and  
Support in Montana for Moms)

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# Agenda

- Background: Perinatal Behavioral Health Initiative
- Meadowlark Initiative
  - Eligibility
  - Services Available
- PRISM for Moms (Psychiatric Referrals, Interventions, and Support in Montana for Moms)
  - Eligibility
  - Services Available
  - Example of Calls
- Contact Information
- Q&A

# Background: Perinatal Behavioral Health Initiative (PBHI)

Maternal Depression and Related Behavioral Disorders (MDRBD) Grant funded in September 2018 by HRSA for five years.

- Awarded to seven states: RI, VT, FL, LA, KS, NC, and MT
- In Montana, the Meadowlark Initiative and the PRISM for Moms program both make up the Perinatal Behavioral Health Initiative
- Partnership with the Montana Healthcare Foundation, National Council for Behavioral Health and Frontier Psychiatry

# Meadowlark Initiative



- Eligibility
  - Any hospital that applies for the program through the MHCF website; currently there are four cohorts
  - Hospitals need to have buy-in from leadership to invest in this care coordination model and infrastructure
- Services Available
  - Care coordination of perinatal patients (pregnant women and women one-three years postpartum)
  - SBIRT: Screening, Brief Intervention, Referral to treatment
  - Integrated Behavioral Health



# PRISM for Moms Clinical Team:



Monday/Wednesday

Melinda Truesdell  
PMHNP; Director of APP's



Tuesday/Thursday

Amelia Wendt, MD



Friday

Molly Howland, MD

# PRISM for Moms



**PRISM**  
PSYCHIATRIC CONSULTATION LINE

- Services Available: Psychiatric Teleconsultation
  - Medication management
  - Treatment plans
  - Follow-up consultations on patient as needed
  - Didactics/trainings for providers—Virtual PSI conference May 19<sup>th</sup>-21<sup>st</sup> 2021
  - One-time evaluation of a patient
    - \*If allowed by your organization
  - Community resource and referrals for patients organized through Healthy Mothers, Healthy Babies

# PRISM for Moms



**PRISM**  
PSYCHIATRIC CONSULTATION LINE

- Eligibility
  - Any prescribing provider in Montana working with pregnant and postpartum women
- Hours of Operation
  - 9 AM-5 PM MST, Monday-Friday
  - Available 24/7, but call backs occur during normal business hours
  - E-consults on our website: <https://prismconsult.org/>
- Examples of calls to the line



# Resources

- Meadowlark website: <https://mthcf.org/the-meadowlark-initiative>
- PRISM for Moms Website: <https://prismconsult.org/>

# Perinatal Behavioral Health Initiative

## Contact Information

### DPHHS Program Staff

Sarabeth Upson – Perinatal  
Behavioral Health Program  
Officer

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# PRISM for Moms Contact Information

## Frontier Psychiatry Program Staff

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