

### Preeclampsia Early Recognition Tool (PERT)

| ASSESS  | NORMAL (GREEN)  | WORRISOME (YELLOW)  | SEVERE (RED)  |
|---|---|---|---|
| <b>Awareness</b>  | Alert/oriented  | <ul style="list-style-type: none"> <li>•Agitated/confused</li> <li>•Drowsy</li> <li>•Difficulty speaking</li> </ul> | <ul style="list-style-type: none"> <li>•Unresponsive</li> </ul>   |
| <b>Headache</b>   | None  | <ul style="list-style-type: none"> <li>•Mild headache</li> <li>•Nausea, vomiting</li> </ul>                         | <ul style="list-style-type: none"> <li>•Unrelieved headache</li> </ul>  |
| <b>Vision</b>   | None  | <ul style="list-style-type: none"> <li>•Blurred or impaired</li> </ul>  | <ul style="list-style-type: none"> <li>•Temporary blindness</li> </ul>  |
| <b>Systolic BP (mm HG)</b>  | 100-139   | 140-159   | ≥160  |
| <b>Diastolic BP (mm HG)</b>   | 50-89   | 90-105  | ≥105  |
| <b>HR</b>   | 61-110  | 111-129   | ≥130  |
| <b>Respiration</b>  | 11-24   | 25-30   | <10 or >30  |
| <b>SOB</b>  | Absent  | Present   | Present   |
| <b>O2 Sat (%)</b>   | ≥95   | 91-94   | ≤90   |
| <b>Pain: Abdomen or Chest</b>   | None  | <ul style="list-style-type: none"> <li>•Nausea, vomiting</li> <li>•Chest pain</li> <li>•Abdominal pain</li> </ul>   | <ul style="list-style-type: none"> <li>•Nausea, vomiting</li> <li>•Chest pain</li> <li>•Abdominal pain</li> </ul> |
| <b>Fetal Signs</b>  | <ul style="list-style-type: none"> <li>•Category I</li> <li>•Reactive NST</li> </ul>  | <ul style="list-style-type: none"> <li>•Category II</li> <li>•IUGR</li> <li>•Non-reactive NST</li> </ul>            | <ul style="list-style-type: none"> <li>•Category III</li> </ul>   |
| <b>Urine Output (ml/hr)</b>   | ≥50   | 30-49   | ≤30 (in 2 hrs)  |
| <b>Proteinuria</b><br><small>(Level of proteinuria is not an accurate predictor of pregnancy outcome)</small> | Trace   | <ul style="list-style-type: none"> <li>•≥ +1**</li> <li>•≥300mg/24 hours</li> </ul>                                 |   |
| <b>Platelets</b>  | >100  | 50-100  | <50   |
| <b>AST/ALT</b>  | <70   | >70   | >70   |
| <b>Creatinine</b>   | ≤0.8  | 0.9-1.1   | ≥1.2  |
| <b>Magnesium Sulfate Toxicity</b>   | <ul style="list-style-type: none"> <li>•DTR +1</li> <li>•Respiration 16-20</li> </ul> | <ul style="list-style-type: none"> <li>•Depression of patellar reflexes</li> </ul>                                  | <ul style="list-style-type: none"> <li>•Respiration &lt;12</li> </ul>   |

